



World Class Institute of Martial Arts

Red Belt Basic Action Combinations *(purple=b.belt add ons)*

1	High Block Reverse Middle Punch Low Block <i>Step Ridgehand</i>	No stepping in between. All in Front Stance.
2	Middle Punch Reverse Middle Punch Side Hammerfist (Horserside Stance) <i>Lead Leg Ax Kick</i>	“rotate” after hammerfist, to ax kick
3	Side Punch Side Block Fighting Stance Reverse Punch <i>Plier Hand Back Stance</i>	No stepping in between. Slide back after reverse punch, to Plier hand.
4	Two Fist Block Front Stance Outside-Inside High Sidehand Attack Low Knife Block Fighting Stance <i>Knee Kick, Step Ridgehand</i>	No stepping in between until BB add-on. All in Front Stance.
5	X Block High (Front Stance) Side Knifehand Strike (Front Stance) Ridgehand Strike (Front Stance) <i>Spinning Heel Kick</i>	If starting X Block w/RH on top, then LH side-knife, RH ridge. “Heel kick” is a kick to opponent’s (now on ground) face.
6	Outside-Inside Block Reverse Outside-Inside Block Elbow Strike-Back <i>Step, Elbow Down</i>	No stepping in between. Reverse O to I is “supported” and Elbow is #2 “the hulk”



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7	Defense Punch (open hand strike, reverse HIGH punch) In to Out Block, LH in hugel jaseh Lead Leg Snap Kick, Elbow Block	No stepping in between. Twist to front stance on defense punch. BB add-on is like pyong ahn sam dan elbow block.
8	Back Kick High Block Reverse Punch Continue with #9	
9	Front Snap Kick Round House Kick Back Kick	
10	Turning Side Kick Jump Side Kick Back Kick	
11	Round House Kick Jump Front Kick Back Kick	If starting with RLeg kick, then RLeg kick, then LLeg kick
12	Inside Pivot Kick Step, then Knee Kick Turning Hook Kick	

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